



Valley Stream UFSD Thirteen Guidance Program 2015-2016

The Valley Stream UFSD Thirteen Guidance Program is comprehensive in scope, preventive in design, and developmental in nature. It is designed to ensure that every student receives the program's benefits. The Guidance Program is implemented district-wide through brief consultation, small-group settings and classroom guidance lessons.

The social-emotional well-being of the students has always been the heart of the Valley Stream UFSD Thirteen community. School personnel and parents work together to help children become resilient and resourceful. Valley Stream UFSD Thirteen has two social workers and five psychologists on staff who work with the students and families as needed. The Dignity for All Students Act (DASA), adopted by the Board of Education, has been implemented in all of the schools. The Code of Conduct is now written in child-friendly language and can be found on the district's website. The Code of Conduct is taught by the classroom teachers and reviewed on a regular basis.

The district has many programs to support the social-emotional learning of the students including: Positive Behavioral Interventions and Supports (PBIS), Fill-a-Bucket, Caught Being Good, Pillars of Character, Red Ribbon Week, Compassionate Libraries, Banana Splits, Bereavement Counseling and No Name Calling Week. Students from the Central High School programs visit the schools twice per year; once to teach the students about nutrition; the other to help them learn about making positive choices as they transition to seventh grade.

The district continues to implement Beautiful Me, a program for fifth and sixth grade girls, in all of the schools. The program will be offered again in the spring of this school year.

The students have many opportunities to demonstrate community service. Student Council-sponsored food drives, coat drives and book drives provide an opportunity for students to help others. The performing groups sing at community events and at local nursing homes and hospitals. Older students often serve as buddies to younger students.

The social workers and school psychologists have also provided professional development to staff regarding: disability awareness, seizure disorders and autism awareness. In addition, they continue to work closely with parents, often providing referrals for assistance with homelessness and respite services. They recommend resources that are available in the community and through government agencies. Classroom lessons on teaching tolerance, anti-bullying and conflict resolution are also provided by the school psychologists and social workers.

Valley Stream UFSD Thirteen Guidance Program

KINDERGARTEN (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in kindergarten transition
- Conference with teachers and parents about kindergarten transition issues
- Counsel with students to help transition
- Push into classrooms to aid kindergarten adjustment

To help students who exhibit academic problems.

- Emotionally support students exhibiting academic difficulties
- Participate as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Work with teachers, parents and students to create a behavior modification plan to increase positive behaviors
- Create positive behavior interventions
- Counsel students individually and/or in small groups using play therapy techniques to encourage more socially acceptable behavior
- Conduct social skills training in small groups
- Conduct self-esteem class lessons

To help students who exhibit adjustment problems.

- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Conduct classroom lessons
- Facilitate small group lessons
- Conduct individual counseling sessions

Valley Stream UFSD Thirteen Guidance Program

KINDERGARTEN (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Conduct classroom lessons on getting along, personal space, appropriate touch, bullying and peer pressure, learning how to say "no", tattling vs. telling, when to tell
- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings
- Present at PTA meetings
- Initiate correspondence between home and school

Valley Stream UFSD Thirteen Guidance Program

FIRST GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in the 1st grade transition
- Conduct conferences with teachers and parents about student success and progress
- Teach classroom lessons
- Facilitate “new” student groups

To help students who exhibit academic problems.

- Provide emotional support for students exhibiting academic difficulties
- Serve as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Facilitate small groups and/or lessons
- Provide individual counseling sessions

To help students who exhibit adjustment problems.

- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Facilitate small groups and/or lessons
- Provide individual counseling sessions

Valley Stream UFSD Thirteen Guidance Program

FIRST GRADE (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Teach classroom lessons on getting along, personal space, appropriate touch, bullying and peer pressure, learning how to say "no", tattling vs. telling, when to tell
- Conduct "Good Touch/Bad Touch" classroom lessons
- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings
- Present at PTA meetings
- Initiate correspondence between home and school

Valley Stream UFSD Thirteen Guidance Program

SECOND GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in the 2nd grade transition
- Conduct conferences with teachers and parents about student's success and progress
- Teach classroom lessons
- Facilitate "new" student groups

To help students who exhibit academic problems.

- Provide emotional support for students exhibiting academic difficulties
- Serve as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to increase positive behaviors
- Counsel students individually and in small groups

To help students who exhibit adjustment problems.

- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Teach classroom lessons
- Facilitate small groups and/or lessons
- Counsel individual students

Valley Stream UFSD Thirteen Guidance Program

SECOND GRADE (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Teach classroom lessons on “Hands are Not for Hurting” and “Telling vs. Tattling”
- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings
- Present at PTA meetings
- Initiate correspondence between home and school
- Facilitate parent/teacher conferences

Valley Stream UFSD Thirteen Guidance Program

THIRD GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in the 3rd grade transition
- Conduct conferences with teachers and parents about student success and progress
- Teach classroom lessons
- Facilitate “new” student groups
- Address test anxiety and test-taking strategies

To help students who exhibit academic problems.

- Provide emotional support for students exhibiting academic difficulties
- Serve as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to increase positive behaviors
- Counsel students individually and in small groups

To help students who exhibit adjustment problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to ease adjustment issues
- Counsel students individually who are exhibiting adjustment problems
- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Teach classroom lessons
- Facilitate small groups and/or lessons
- Counsel individual students

Valley Stream UFSD Thirteen Guidance Program

THIRD GRADE (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings.
- Present at PTA meetings
- Initiate correspondence between home and school
- Facilitate parent/teacher conferences

Valley Stream UFSD Thirteen Guidance Program

FOURTH GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in the 4th grade transition
- Conduct conferences with teachers and parents about student's success and progress
- Teach classroom lessons
- Facilitate "new" student groups
- Address test anxiety and test-taking strategies

To help students who exhibit academic problems.

- Provide emotional support for students exhibiting academic difficulties
- Serve as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to increase positive behaviors
- Counsel students individually and in small groups

To help students who exhibit adjustment problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to ease adjustment issues
- Counsel students individually who are exhibiting adjustment problems
- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Teach classroom lessons
- Facilitate small groups and/or lessons
- Counsel individual students

Valley Stream UFSD Thirteen Guidance Program

FOURTH GRADE (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Teach bullying and harassment classroom lessons
- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings.
- Present at PTA meetings
- Initiate correspondence between home and school
- Facilitate parent/teacher conferences

Valley Stream UFSD Thirteen Guidance Program

FIFTH GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Support teachers, students and families in the 5th grade transition
- Conference with teachers and parents about student's success and progress
- Teach classroom lessons on socialization
- Facilitate "new" student groups
- Address test anxiety and test-taking strategies
- Counsel students individually and in small groups

To help students who exhibit academic problems.

- Provide emotional support for students exhibiting academic difficulties
- Serve as a member of the Instructional Support Team (IST)
- Work with teachers to modify and create multi-disciplinary approaches to better support students with specific academic needs

To help students who exhibit attendance problems.

- Work with teachers, families and social worker to implement and design a behavior modification program to increase attendance

To help students who exhibit behavioral problems.

- Work with teachers, families and administrators to implement and design a behavior modification program to increase positive behaviors
- Counsel students individually and in small groups

To help students who exhibit adjustment problems.

- Work with parents, teachers and students to create a positive environment that will reduce adjustment issues
- Teach classroom lessons
- Facilitate small groups and/or lessons
- Counsel individual students

Valley Stream UFSD Thirteen Guidance Program

FIFTH GRADE (Section 100.2 Guidelines)

To educate students concerning avoidance of child sexual abuse.

- Teach classroom lessons and facilitate discussions on child sexual abuse, internet safety and sexual harassment
- Report any abuse or neglect to appropriate state agencies
- Support students in counseling who have reported abuse

To encourage parental involvement.

- Conduct parent orientation meetings.
- Present at PTA meetings
- Initiate correspondence between home and school

Valley Stream UFSD Thirteen Guidance Program

SIXTH GRADE (Section 100.2 Guidelines)

To prepare students to participate effectively in their current and future educational programs.

- Counsel students individually and in small groups addressing social, emotional and academic goals
- Coordinate RtI/IST meetings for individual students identified as academically “at-risk”
- Hold articulation and transition meetings with elementary school teachers and staff
- Conduct parent teacher conferences to improve the home-school connection

To help students who exhibit academic problems.

- Counsel students individually and in small groups addressing academic goals
- Coordinate RtI/IST meetings for individual students identified as academically “at-risk”
- Hold articulation and transition meetings with secondary school teachers and staff
- Conduct parent teacher conferences to improve the home-school connection
- Generate weekly progress reports sent to parents when necessary
- Facilitate active parenting workshops to give parents tools to help students with academic problems

To help students who exhibit attendance problems.

- Counsel students individually for attendance issues
- Initiate phone calls and meetings with parents to address academic impact when there are high absences
- Coordinate RtI/IST meetings to create strategies and interventions to help with attendance

**Valley Stream UFSD Thirteen
Guidance Program**

SIXTH GRADE (Section 100.2 Guidelines)

To help students who exhibit behavioral problems.

- Counsel students individually and in small groups to address behavioral problems
- Develop and implement behavior modification plans tailored to specific needs
- Communicate with parents via phone calls and meetings
- Teach 6th grade anti-bullying program (Push in counseling lesson)
- Facilitate social-emotional workshops with focus on developing appropriate empathy
- Facilitate active parenting workshops to give parents tools to help students with behavioral problems
- Mediate conflict resolutions

To help students who exhibit adjustment problems.

- Counsel students individually to address adjustment problems
- Facilitate group counseling sessions that focus on specific needs (i.e. divorce, bereavement, social skills and friendship)
- Coordinate 6th to 7th grade orientation
- Hold articulation and transition meetings with elementary and secondary school teachers and counselors
- Communicate with parents via phone calls and meetings

To educate students concerning avoidance of child sexual abuse.

- Support students in counseling who have reported abuse
- Report any abuse or neglect to appropriate state agencies
- Teach classroom lessons and facilitate discussions on child sexual abuse, internet safety and sexual harassment

To encourage parental involvement.

- Coordinate 6th to 7th grade parent orientation for parents
- Facilitate active parenting workshops to improve parental involvement
- Coordinate parent/teacher or parent/counselor conferences to discuss their child's progress
- Communicate weekly with parents regarding student's progress as needed