

# VALLEY STREAM RECREATION DEPARTMENT

*Presents*

## *Tae Kwon Do is Here!*

The Valley Stream Community Center is now offering Tae Kwon Do Classes!  
(FOR BEGINNERS ONLY)

For Boys & Girls ages 6 and up! Tae Kwon Do is the Korean art of self-defense.

Tae Kwon Do is more than the image of the martial arts physical aspect; it is designed as a non-violent art and system of complete body exercise as well as being a way of life. It includes physical techniques, mental discipline and a deep philosophy.

Classes will be given by Mr. Morris, a certified TKD instructor.

Registration in person at the Valley Stream Community Center, located at lakeside in Hendrickson Park, behind Central High School. (Parking available at the Community Center) or online at vsrec.org

Open to all residents of Valley Stream & Non-Residents.

Children under the age of 18 must be accompanied by a parent upon sign-up.

Fee \$65.00 per student per session (Free Uniform T-Shirt)

Payments to be made in full by credit card or check; written out to:  
"Inc. Village of Valley Stream"

**\*NO CASH ACCEPTED\***

Classes will run for 6 weeks:

Tuesday Evenings from 6:30PM to 7:20PM – March 20<sup>th</sup> through April 24<sup>th</sup>

**\*A \$25.00 CHARGE ON RETURNED CHECKS\***

**\*NO REFUNDS\***

For further information please contact the Community Center at: 516-825-8571.

Sign-ups now available online. Visit [vsrec.org](http://vsrec.org) for details



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