



Valley Stream UFSD Thirteen

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Constance D. Evelyn, Ed.D.
Superintendent of Schools

Gerard Antoine
Assistant Superintendent
for Business and Human Resources

March 24, 2021

Dear Valley Stream Union Free School District Thirteen Community,

As we begin to prepare for spring break, we want to keep you informed of the updated guidelines set forth by the New York State Department of Health (NYSDOH) and Centers for Disease Control and Prevention (CDC). In preparing for the upcoming school recess, please regard the information below as the guidelines that our District will follow.

Based on Governor Cuomo's announcement made on March 11, 2021, new [updated travel guidance](#) will go into effect beginning on April 1, 2021. **Domestic travelers will no longer be required to quarantine after entering New York from another U.S. state or U.S. territory.** The testing and quarantine requirements remain in effect if you are traveling internationally.

International travelers to a Level 2 or 3 designated country shall be required to quarantine for 10 calendar days upon their return to New York State or quarantine for 7 days with a test 3-5 days after travel. Neither a negative COVID-19 test nor being fully vaccinated releases an international traveler from this quarantine requirement.

Regardless of quarantine status, all individuals exposed to COVID-19 or returning from travel must:

- Continue daily symptom monitoring through Day 14;
- Continue strict adherence to all recommended non-pharmaceutical interventions, including hand hygiene and the use of face coverings, through Day 14; and
- Must immediately self-isolate if any symptoms develop and contact the local public health authority or their healthcare provider to report this change in clinical status and determine if you/your child should seek testing.

Asymptomatic individuals previously diagnosed and recovered from COVID-19 are not required to retest and quarantine within 3 months after the date of symptom onset from the initial COVID-19 infection OR date of first positive test if asymptomatic during illness.

To help ensure the continued safety of our families, staff, and administration, we ask that you be diligent in all precautions you are taking including wearing your mask and social distancing as we continue the march towards a healthy future for our community.

Sincerely,

Constance D. Evelyn

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