VALLEY STREAM RECREATION DEPARTMENT

Presents

Tae Kwon Do is Here!

The Valley Stream Community Center is now offering Tae Kwon Do Classes! (FOR BEGINNERS ONLY)

For Boys & Girls ages 6 and up! Tae Kwon Do is the Korean art of self-defense.

Tae Kwon Do is more than the image of the martial arts physical aspect; it is designed as a non-violent art and system of complete body exercise as well as being a way of life. It includes physical techniques, mental discipline and a deep philosophy.

Classes are held at the Valley Stream Community Center by a certified and experienced instructor, Master Ryu

Children under the age of 18 must be accompanied by a parent upon sign-up.

Inc. Village Resident Fee: \$85 Non-Resident Fee: \$100

Free uniform T-shirt included with registration.

Payments to be made in full by credit card or check; written out to: "Inc. Village of Valley Stream",

NO CASH ACCEPTED

Classes will run for 8 weeks: Tuesday Evenings from 6:00PM to 6:50PM – Sept. 17th thru Nov. 12th (No Class Nov. 5th)

A \$25.00 CHARGE ON RETURNED CHECKS *NO REFUNDS*

Registration in person at the Valley Stream Community Center or online at vsrec.org.

Parking available at the Community Center. Facility is Handicap accessible

For further information please contact the Community Center at: 516-825-8571.









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